

North Suburban Speech and Language Association (NSSLA)
a Recognized Area Group of the
Illinois Speech-Language-Hearing Association

Counseling in Speech-Language Pathology: A Positive Approach

Presented by:
Sharon Brown-Sweeney, PhD, CCC-SLP

When: Saturday, October 14, 2023

Where: The Cove School, 350 Lee Road, Northbrook, IL 60062

Reservations: Laura Gean (NSSLArsvp@gmail.com). **RSVP by Wednesday, October 11**
The handout may be posted online prior to the meeting (per presenter preference).

Activity Description: The role of SLPs in counseling clients and families will be discussed. A positive psychology framework will be presented that focuses on client well-being and strengths. Counselor characteristics and skills will be described. Discussion involves skill practice and problem solving in counseling scenarios.

Agenda:

9:00-9:30	Registration and business meeting
9:30-9:45	The counseling role of SLPs—definition, justification, purposes
9:45-10:30	Theoretical basis for counseling—traditional approaches Positive psychology theory and framework
10:30-11:00	Characteristics of effective counselors Counseling skills—descriptions, examples
11:00-11:15	Break
11:15-11:45	Counseling scenarios: application of specific counseling skills (small group role-playing)
11:45-12:15	Counseling scenario problem solving (small groups)
12:15-12:45	Conclusions; Questions and Discussion

Learning Objectives:

The participants will:

1. Discuss the roles of SLPs in counseling clients and their families
2. Describe three characteristics of the positive psychology framework.
3. Utilize three specific counseling skills during role playing of a counseling scenario.
4. Engage in problem-solving during hypothetical counseling scenarios.

Disclosure

Financial: Sharon Brown-Sweeney does not have any relevant financial relationships to disclose.

Nonfinancial: Sharon Brown-Sweeney does not have any relevant nonfinancial relationships to disclose.



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