TBI Considerations for Adult and Pediatric Populations

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AGENDA

Introductions and Agenda
Prevalence and Role of SLP
TBI Overview
TBI Assessment and Treatment
Pediatric TBI Assessment and Treatment
Considerations
Resources
Case Studies
Questions

Objectives

- **1**. Define TBI and Disorders of Consciousness
- 2. Discuss Evidence Based Practice for Assessment and Interventions
- State at least 3 developmental characteristics and developmental disruptions that may occur following a brain injury in specific developmental windows
- 4. Identify 3 risk factors for pediatric TBI
- Implement evidence-based assessment and treatment information for adults and pediatrics with TBI into clinical practice
- 6. Analyze indicators for prognosis and need for education



Katy Magee M.H.S., CCC-SLP/L-CBIS

Senior Speech-Language Pathologist Cognitive-Communication Lab Therapist Shirley Ryan AbilityLab

Katy's Story

• School Career Preschool Autism 2012 Pediatric Home Therapy

• Medical Career Neuro ICU 2015 • Day Rehabilitation Program

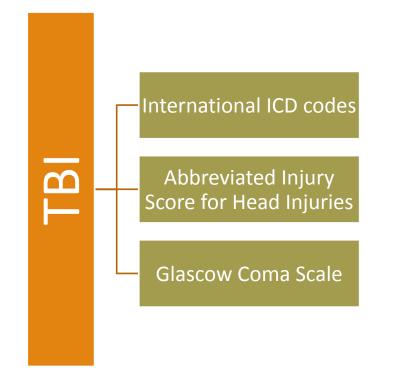
• Shirley Ryan AbilityLab

- Day Rehabilitation
- Cog-Com Lab Therapist
- Researcher -Neuroscience Lab

2017

Traumatic Brain Injury (TBI)

Defined as an injury to the head, by either blunt force or penetrative means, which causes sufficient damage that the patient suffers a change in brain function; or more recently, as an alteration in brain function, or other evidence of brain pathology, caused by an external force. (Brazinova, et al., 2021)



TBI Prevalence/Statistics

- 223,135 TBI-related hospitalizations in 2019
- 69,473 TBI-related deaths in 2021.¹

People ages +75 years

- •32% of TBI-related
- hospitalizations
- •28% of TBI-related deaths.

•Males 2x more likely hospitalized

•Males 3x more likely to die from a TBI than females (28.3 versus 8.4).

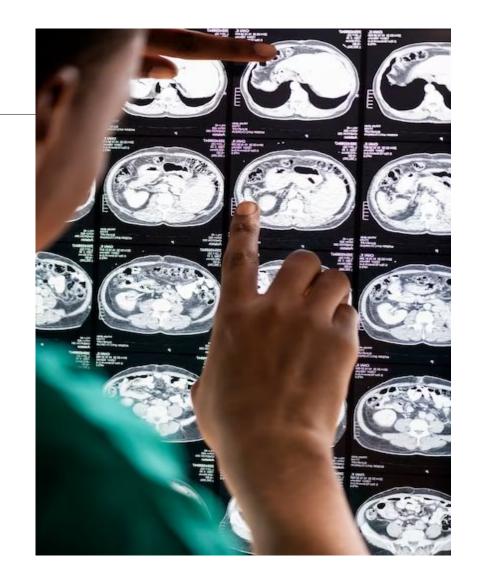
•<u>Falls</u> lead to nearly half of the TBI-related hospitalizations¹¹

•<u>Firearm-related suicide</u> is the most common cause of TBI-related deaths in the United States^{5,12}

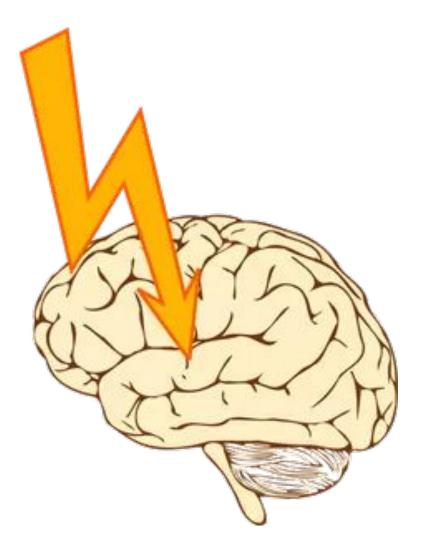
•Motor vehicle crashes and assaults are other common ways a person may get a TBI¹¹

Pediatric Prevalence

2010–2016: **2 million** TBI related emergency room visits



(Sarmiento et al., 2019)



Most reported residual symptoms

- Fatigue
- Disorientation
- Anosogonsia (Dec self awareness)
- Memory loss
- Decreased attention
- Impulsivity
- Confabulations
- Emotionally labial
- Impaired executive functions
- Language of confusion*
- Vision impairments*

Role of SLP-TBI

Arousal

- Swallowing
- Speech/Voice
- Language
- Cognition
- Social Communication
- Attention
- Orientation
- Memory
- Executive Functions

School
Work
Community Reintegration

(Meulenbroek, P., 2021) (Kelly, J., & Hardin, K. (2019)

Categories of TBI



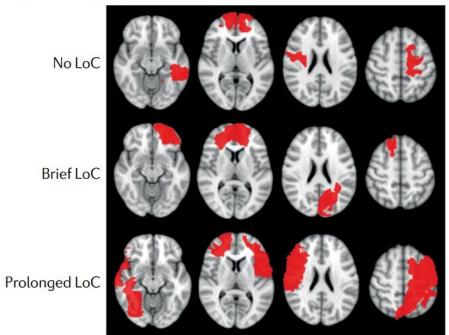
Disorders of Consciousness



Disorders of Consciousness

Disorders of consciousness (DoC) are characterized by alterations in arousal and/or awareness

a Lesion mapping



Common causes of DoC

Cardiac arrest Traumatic brain injury (TBI) Intracerebral hemorrhage and ischemic stroke.

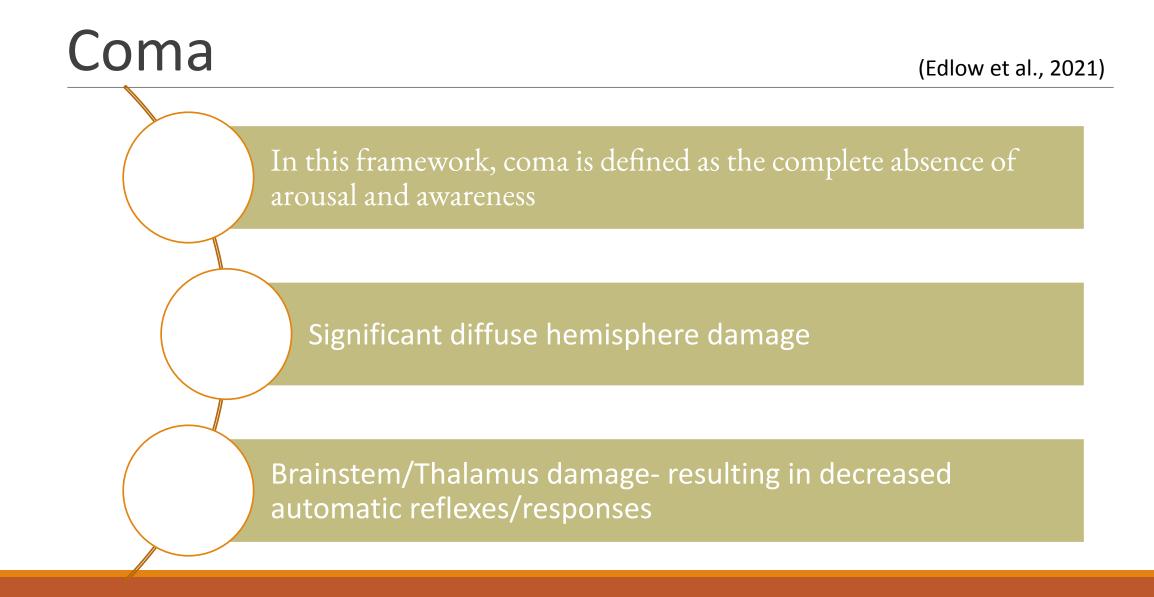
(Edlow et al., 2021)



Vegetative State

Minimally Conscious State (+/-)

Disorders of Consciousness



Vegetative State

(Edlow et al., 2021)

vegetative state (later renamed 'unresponsive wakefulness syndrome' (VS/UWS))4 is defined as arousal without awareness

Have regained awoken from coma, without a cycle; however not gained awareness

Not responding to commands or showing response to outside stimuli

Minimally Conscious State

(Edlow et al., 2021)

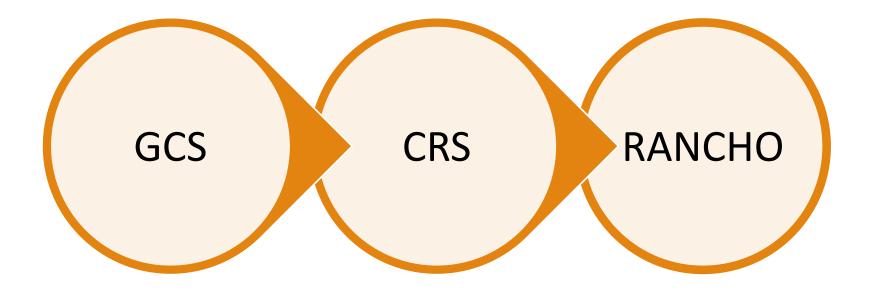
Minimal, reproducible but inconsistent awareness.

MCS(+/-)

Showing signs of awareness and awake; atypical sleep cycle

Demonstrating responses to outer stimuli- eye blink, flexion with drawl, voice, signs of emotion, facial responses

TBI Measures



Glascow Coma Scale

• Eye

- Motor
- Verbal

GLASGOW	Patient Name:			
COMA	Rater Name: Date:			
SCALE				
Activity		Score		
EYE OPENING				
None	1 = Even to supra-orbital pressure			
To pain	2 = Pain from stemum/limb/supra-orbital pressure			
To speech	3 = Non-specific response, not necessarily to command			
Spontaneous	4 = Eyes open, not necessarily aware	80		
MOTOR RESPONSE				
None	l = To any pain; limbs remain flaccid			
Extension	2 = Shoulder adducted and shoulder and forearm internally rotat	ted		
Flexor response	3 = Withdrawal response or assumption of hemiplegic posture			
Withdrawal	4 = Arm withdraws to pain, shoulder abducts			
Localizes pain	5 = Arm attempts to remove supra-orbital/chest pressure			
Obeys commands	6 = Follows simple commands	2		
VERBAL RESPONSE				
None	1 = No verbalization of any type			
Incompreh ensible	2 = Moans/groans, no speech			
Inappropri ate	3 = Intelligible, no sustained sentences			
Confised	4 = Converses but confused, disoriented			
Oriented	5 = Converses and oriented	53		

TOTAL (3-15):

References

Teasdale G, Jennett B. "Assessment of coma and impaired consciousness. A practical scale." The Lancet 13;2(7872):81-4, 1974.

Pediatric Glascow Coma Scale

1.None / 1 None

2.Moans in response to pain / 2 Incomprehensible sounds

3.Cries in response to pain / 3 Incomprehensible words

4.Irritable/cries / 4 Confused

5.Coos and babbles / 5 Orientated - appropriate

Changes in verbal responses

Coma Recovery Scale



Kalmar and Giacino, 2005

JFK COMA RECOVERY SCALE - REVISED ©2004 Record Form						
Patient:	Date:				1 1	
AUDITORY FUNCTIO	N SCALE		1		1. 1	
4 - Consistent Movemer 3 - Reproducible Mover						
2 - Localization to Soun 1 - Auditory Startle	d					
0 - None						
VISUAL FUNCTION	the second s					
5 - Object Recognition	*					
4 - Object Localization:	Reaching *					
3 - Visual Pursuit *						-
2 - Fixation *						
1 - Visual Startle						_
0 - None						
MOTOR FUNCTION	SCALE					
6 - Functional Object Use [†] 5 - Automatic Motor Response [*] 4 - Object Manipulation [*] 3 - Localization to Noxious Stimulation [*] 2 - Flexion Withdrawal 1 - Abnormal Posturing						
0 - None/Flaccid						
OROMOTOR/VERBA	AL FUNCTION SCALE		- 194 - 194 - 194	0.920	- AL	
3 - Intelligible Verbalizat	tion *					
2 - Vocalization/Oral Mo	ovement					
1 - Oral Reflexive Move	ment					
0 - None		1			1	
COMMUNICATION S	Contraction of the second s	2 14 M	10 10	114-2		
2 - Functional: Accurate	e					
1 - Non-Functional: Intentional *						
0 - None						
AROUSAL SCALE			10 10	and	10 10	-
3 - Attention		-				
 2 - Eye Opening w/o Stimulation 1 - Eye Opening with Stimulation 						
0 - Unarousable						

Denotes emergence from MCS ^{*} Denotes MCS ^{*}

Disorders of Consciousness Interventions

General Interventions

Neuroprotective reperfusion therapy

Targeted Temperature Therapy

Pharmaceutical Interventions

SLP Interventions

Caregiver training

 Establishing a functional communication system

Continue assessing through the CRS

Categories of TBI





Traumatic Brain Injury



TBI

Defined as an injury to the head, by either blunt force or penetrative means, which causes sufficient damage that the patient suffers a change in brain function; or more recently, as an alteration in brain function, or other evidence of brain pathology, caused by an external force. (Brazinova, et al., 2021)

Level	Description
Rancho 1	No response
Rancho 2	Generalized Response; painful stimuli
Rancho 3	Localized Response; starting to respond/follow commands
Rancho 4	Confused and Agitated; limbic system online; emotional/reactive responses; slow processing,: internal state of agitation; eyes are scared; motor restless does not always mean Rancho 4

RANCHO LEVELS

Level	Description
Rancho 5	Confused; inappropriate; not agitated; increased attention, improved frontal lobe activity: not as scared
Rancho 6	Confused; appropriate; some external cues; memory still challenging
Rancho 7	Automatic; appropriate; out of PTA; robot like responses
Rancho 8	Purposeful; appropriate; improved executive functions

RANCHO LEVELS

TBI assessment

- **o** Ross Information Processing Assessment
- Ross Information Processing Assessment (Geriatric/Pediatric)
- Scales of Cognitive Ability for Traumatic Brain Injury
- Cognitive Linguistic Quick Test
- Functional Assessment of Verbal Reasoning and Executive Functions
- Test of Everyday Attention
- Woodcock Johnson

- Orientation Log
- Cog-Log
- o Neuro QOL
- o Coma Recovery Scale

Post Traumatic Amnesia



Individual's disorientation in time, place and person, and/or anterograde amnesia, the inability to form new memories



Strong Predictor



Declining 14% per week

(Bayley et al., 2023)

Confabulations



Memories/information is missing

Fill it with information regardless of truth









Provide external aids

Give correct information





Categories of TBI



mTBI

mTBI

According to these criteria, mTBI is defined by a GCS score between 13 and 15, 30 minutes after the injury and one or more of the following symptoms:

loss of consciousness <30 minutes
PTA <24 hours
impaired mental state at time of accident (confusion, disorientation, etc.)
transient neurological deficit (including focal signs, epilepsy, surgical intracranial injury).

*imaging can also be used, however research argues that mTBI, should be characterized by clinical profile instead of imaging

Concussion

- Ø 7- to 10-day period
- Ø Influenced by factors
- Ø 3 months 33%
- Ø Children > time



Post Concussion Symptom Scale

Post-Concussion Symptom Scale (PCSS)

Healthcare

ne:		DOB:			Date	e:		
Instruc	tions: For each item, indicate how	much the s	ymptom	has both	ered you	over the	past 2 da	ys.
	Symptoms	None Mild					Severe	
	1 Headache	0	1	2	3	4	5	
	2 Nausea	0	1	2	3	4	5	
	3 Vomiting	0	1	2	3	4	5	
e	4 Balance problems	0	1	2	3	4	5	
Physical	5 Dizziness	0	1	2	3	4	5	
PH	6 Fatigue	0	1	2	3	4	5	
	7 Sensitivity to light	0	1	2	3	4	5	
	8 Sensitivity to noise	0	1	2	3	4	5	
	9 Numbness/Tingling	0	1	2	3	4	5	
5	10 Feeling mentally foggy	0	1	2	3	4	5	1
kin	11 Feeling slowed down	0	1	2	3	4	5	
Thinking	12 Difficulty concentrating	0	1	2	3	4	5	
F	13 Difficulty remembering	0	1	2	3	4	5	
	14 Drowsiness	0	1	2	3	4	5	
eb	15 Sleeping less than usual	0	1	2	3	4	5	
Sleep	16 Sleeping more than usual	0	1	2	3	4	5	
	17 Trouble falling asleep	0	1	2	3	4	5	
a	18 Irritability	0	1	2	3	4	5	
ion	19 Sadness	0	1	2	3	4	5	
Emotional	20 Nervousness	0	1	2	3	4	5	
E	21 Feeling more emotional	0	1	2	3	4	5	
	TOTAL/126							

Do you have any visual problems?
Yes No

Do these symptoms worsen with:

 Physical Activity 	□ Yes	□ No	Not applicable
Thinking/Cognitive Activity	□ Yes	□ No	Not applicable
2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2		35	

Over the past 2 days, my daily activity level has been _____ % of normal.

If "YES" to any visual problems, further qualify with the Convergence Insufficiency Symptom Survey.

Permission from Wohens Kluwer; Lovell and Collins, Journal of Nead Trauma and Rehabilitation 1998;133-9:6. Basefile nevels should be taken and compared. Intermountain Healthcare complies with applicable federal civil rights laws and does not discriminate on the basis of race, color national origin, age, disability, or sex. Se proveen servicios de interpretacion graits: Hable con un emplexado para solicitation. 我們的不能意的意味的意思。

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Post Concussive Symptoms



Physical

Headache Fatigue Vertigo Endurance



Emotional

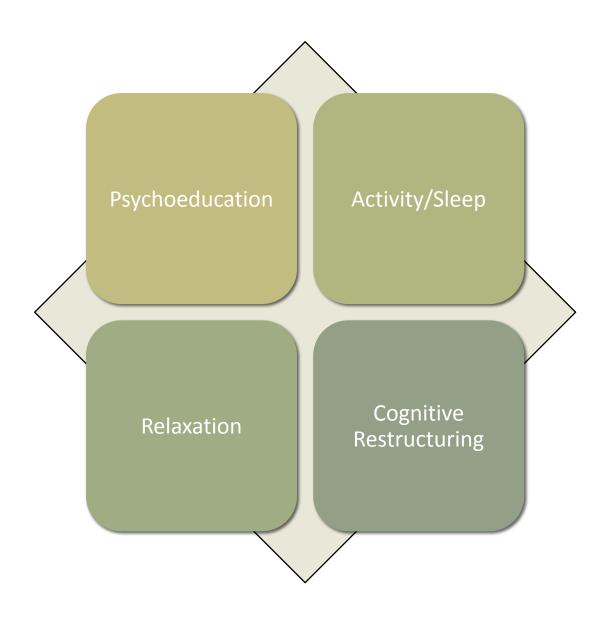
Irritability Depression Apathy



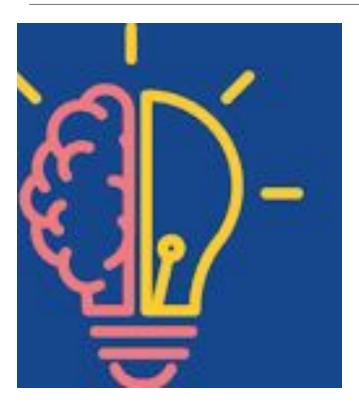
Cognitive

Attention Memory Executive Function

PCS Interventions

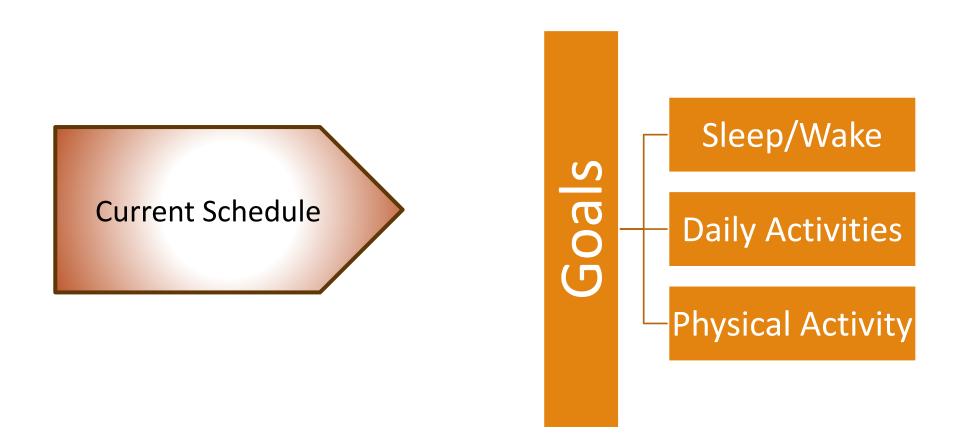


Psychoeducation



- Nature of concussion
- Symptoms
- Time of Recovery
- Role of non-injury factors impact

Activity/Sleep

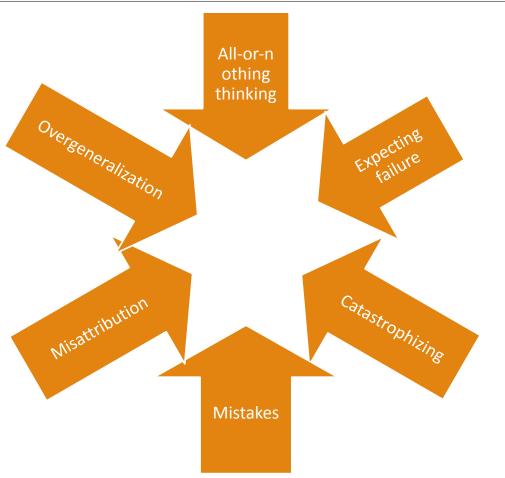


Relaxation

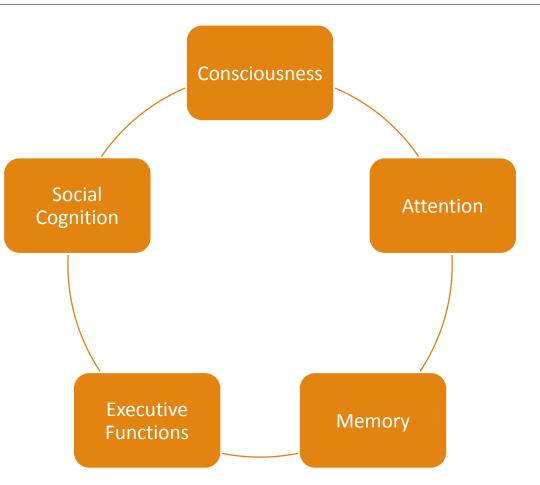


Cognitive Restructuring

Identify and replace negative automatic thought patterns regarding the injury



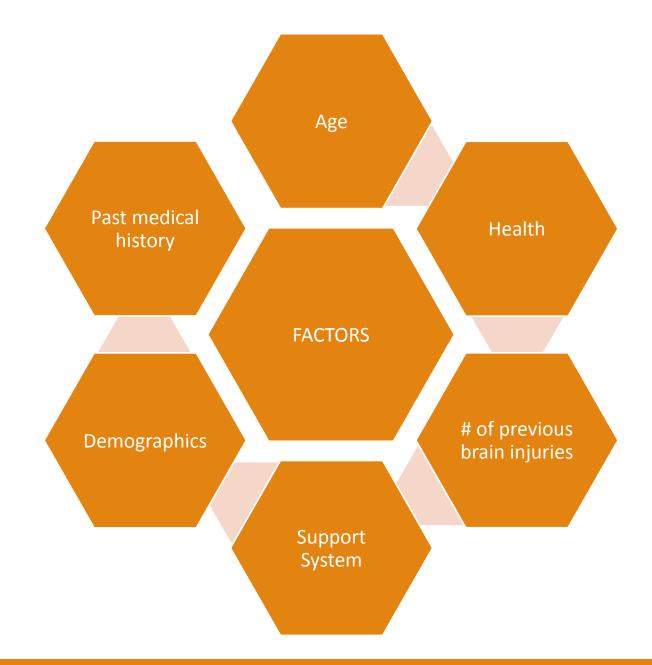
TBI Areas



Interventions

Consciousness	Attention	Memory	Executive Functions	Pragmatics
 Caregiver Training Arousal Techniques Tell, Don't Ask Orientation Training 	 Attention Processing Training Strategy Implementation 	 Spaced Retrieval Training External Aid Repetition/Erro rless Learning 	 Metacognitive Strategies Cognitive Reorganization 	 Group practice Direct Feedback Self monitoring Intentions/Theo ry of Mind Interventions

Prognosis Indicators



Cultural/Demographic Statistics

Prevalence

Reintegration

Access

Rehabilitation

Pediatrics

MEGAN LYNCH MA, CCC-SLP, CBIS

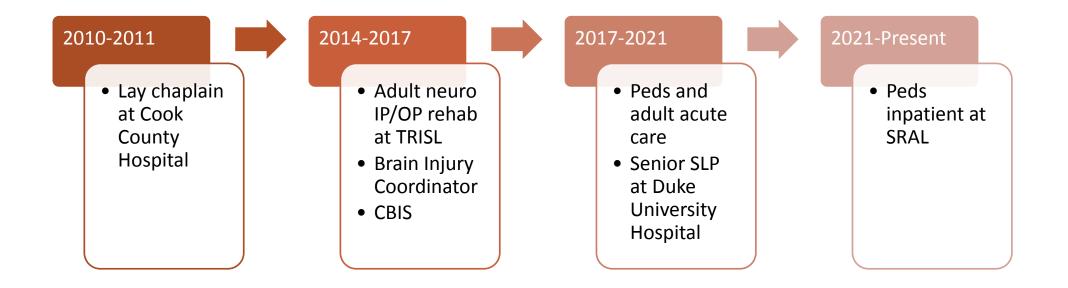


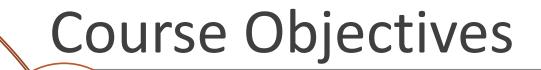
Megan Lynch, MA, CCC-SLP, CBIS

Senior Speech-Language Pathologist Pediatric Speech-Language Pathologist Shirley Ryan AbilityLab



Megan's Story





Implement evidence-based assessment and treatment information for children and adolescents with TBI into clinical practice

Identify 3 risk factors for pediatric TBI

State at least 3 developmental characteristics and developmental disruptions that may occur following a brain injury in specific developmental windows (infancy, preschool, elementary school, early adolescence, late adolescence)

Pediatric TBI Overview

Severe

- DOC Assessment & Intervention
- CRS-P
- PAYDOC
- PTA

Moderate

- Formal Assessment
- Evidenced-Based Cognitive Interventions
- Pediatric considerations

Mild

- Symptom rating scales
- TBI in young children and prevention

Pediatric DOC Considerations



Previous developmental status



Coma Recovery Scale for Pediatrics (CRS-P) (Slomine, 2019)

Preliminary validation in typically developing infants and young children	Appropriate for use in children as young as 12 months to 4 years	
	Immature language development impacted the performance of healthy children on the CRS-P. Results are consistent with existing knowledge of developmental milestones in which visual and motor skills are acquired before language skills (Sinno, 2013)	
	Results indicated that all children at least 12 months of age, and no child <12 months, displayed functional object use	

All children at least 37 months of age, and none of those <29 months demonstrated functional communication

Additional modifications may be needed for children <4 years as reliable yes-no responses were not seen consistently until 37 months

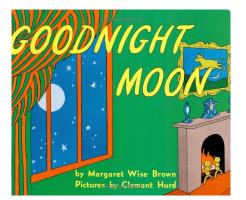
CRS-P Modifications: Communication Subscale: Yes/No Communication



https://tinyurl.com/yh5kn6f9



https://tinyurl.com/y2s5kzjw



https://tinyurl.com/4r3a6nhr

Situational Orientation		
Picture Book Based (for	r each item pick a page with either a mouse or a cov	v)
	Is this a cow?	
	(point to mouse)	
	Is this a mouse?	
	(point to mouse)	
	Is this a mouse?	
	(point to mouse)	
	Is this a cow?	
	(point to mouse)	
	Is this a mouse?	
	(point to cow)	
	Is this a cow?	
	(point to cow)	
Total/6		

CRS-P Subscale Modifications: Motor Subscale: *Functional Object Use*



https://tinyurl.com/3kuym6n7

https://tinyurl.com/y662fj6x

https://tinyurl.com/5eehk26v

Preference Assessments for Youth With Disorders of Consciousness (PAYDOC) (Amari, 2017)

PAYDOC	Structured way to generate salient stimuli	
	Use of preferred, salient items can be beneficial in addressing some of the unique challenges of assessment and intervention with individuals with DOC	
	Well documented in adult literature differential responses to personally meaningful stimuli	

Appendix

Preference Assessment for Youth with Disorders of Consciousness (PAYDOC)

Child or Adolescent's Name:	
Caregiver's Name:	
Date:	

<u>Clinician Instructions</u>: The purpose of this structured interview is to get as much information as possible from the caregiver about what items may elicit a positive response, such as alerting or calming, from the child or adolescent. Such items may be useful to incorporate during brain injury recovery. This survey asks caregivers about several categories of items and activities including visual, auditory, olfactory, and tactile. When the caregiver identifies items in each category, ask additional questions to get more specific information about the child or adolescent's preferences, such as type of lotion, and the conditions under which the item has been most preferred (e.g., do they watch on the tablet or phone?)

We would like to get some information on _____'s preferences prior to his/her brain injury. In addition, we would like information on his/her current preferences based on your observations since the injury.

 Some children/teens really enjoy looking at or watching different things. This can include things like a mirror, pictures of family or celebrities, magazines, TV (sports, sitcoms), or videos (animal videos, music videos, movies). What are the things you think ______ most likes to look at or watch?

Response to follow up questions:

 Some children/teens really enjoy different sounds. This may include things like listening to music, hearing jokes, family voices, car sounds, clapping, or people singing. What are the things you think most likes to hear or listen to?

Response to follow up questions:

 Some children/teens really enjoy different smells like perfume, lotion, flowers, fruits, coffee, peppermint, or favorite foods. What are the things you think most likes to smell?

Response to follow up questions:

4. Some children/teens really enjoy physical activities, play, or movement. This may include being tickled, playing thumb war, or being rocked. What activities do you think _____ most enjoys?

Response to follow up questions:

5. Some children/teens really enjoy touching things of different temperatures. This may include cold things like snow or an ice pack, or warm things like a warm cloth or a cup of hot tea. What items like this do you think _____ most enjoys?

Response to follow up questions:

6. Some children/teens really enjoy feeling different sensations. This may include water, a vibrating item against their skin, a soft or textured blanket, or the feel of air from a fan on their face. What sensations like this do you think _____ most enjoys?

Response to follow up questions:

7. Some children/teens really enjoy it when others give them attention, such as a hug, pat on the back, clapping, "high five", or praise. What forms of attention do you think _____ most enjoys?

Response to follow up questions:

 Some children/teens really enjoy certain toys or objects. This may include bubbles, sports items like team hats or footballs, toy cars, comic books, or dolls. What are _____''s favorite toys or objects?

Response to follow up questions:

What are some other items or activities that _____ really enjoys?

Response to follow up questions:

Disorders of Consciousness (PAYDOC) (Amari, 2017)

Case example: 10 year-old female





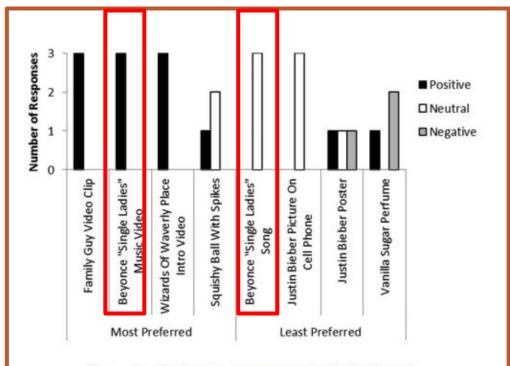
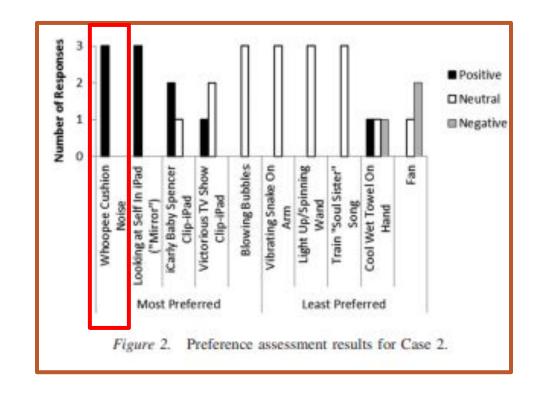


Figure 1. Preference assessment results for Case 1.

Disorders of Consciousness (PAYDOC) (Amari, 2017)

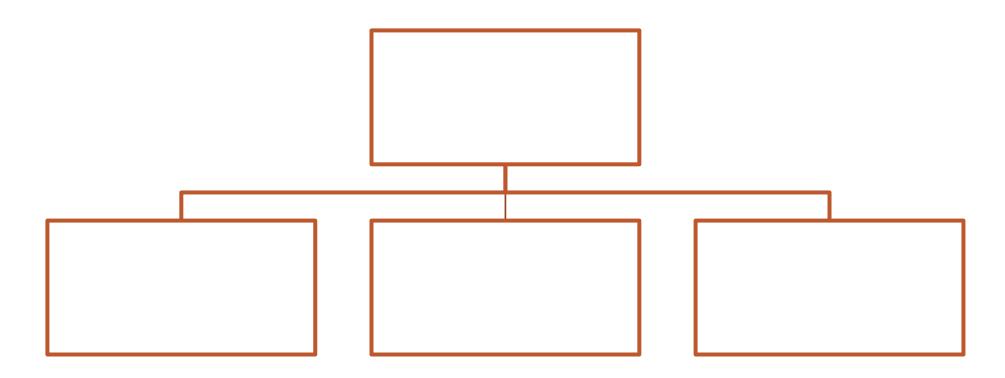
Case example: 9 year-old male





https://tinyurl.com/4dncjdzs

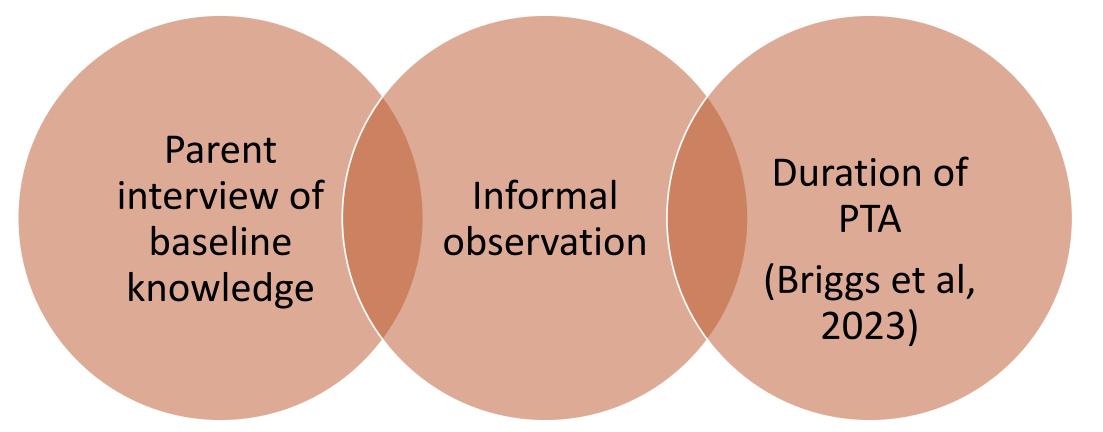
Pediatric Post-Traumatic Amnesia (PTA) (Swihart, 2017)



*Can be used for up 15 years

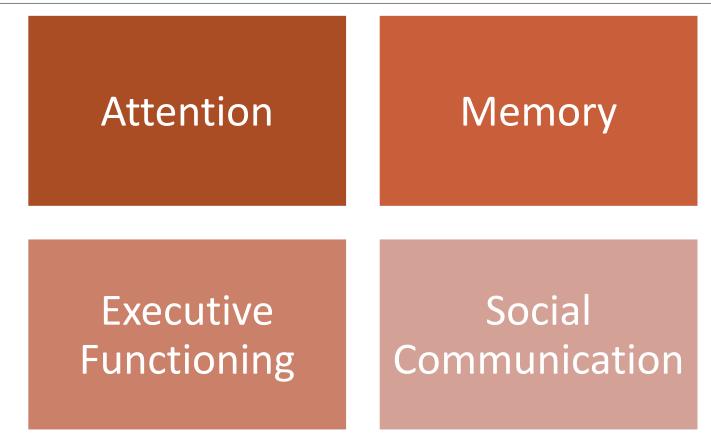
**No studies on use in pediatrics, but a few adult studies using O-log for as young as 16

Pediatric PTA Considerations



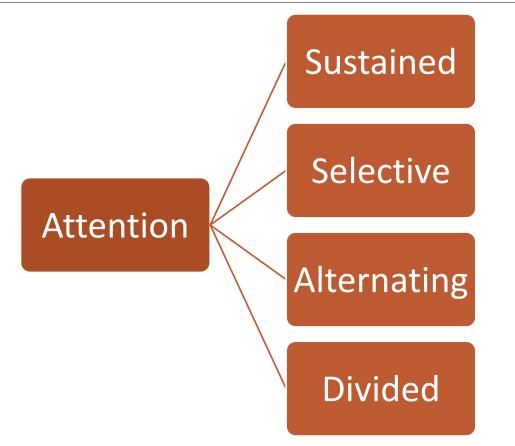
Standardized Pediatric Assessments	Ages
Pediatric Evaluation of Disability Inventory (PEDI) – Social functioning scales	6 mo-7:6 years
Peabody Picture Vocabulary Test, 4th ed. (PPVT-4)	2:6-90 years
Comprehensive Assessment of Spoken Language-Second Edition (CASL-2)	3-21 years
Child Health Questionnaire (CHQ)	5-18 years
Clinical Evaluation of Language Fundamentals, 5th ed. (CELF-5)	5-21 years
Behavior Rating Inventory of Executive Function (BRIEF)	5-18 years
Pediatric Test of Brain Injury (PTBI)	6-16 years
Test of Integrated Language and Literacy Skills (TILLS)	6-18 years
Comprehensive Test of Nonverbal Intelligence, 2nd ed. (C-TONI 2)	6-89 years
Test of Everyday Attention (TEA-Ch)	6-16 years
Child and Adolescent Scale of Participation (CASP)	6-12; 13-17 years
Student Functional Assessment of Verbal Reasoning and Executive Strategies (Student FAVRES)	12-19 years

Intervention: Cognition

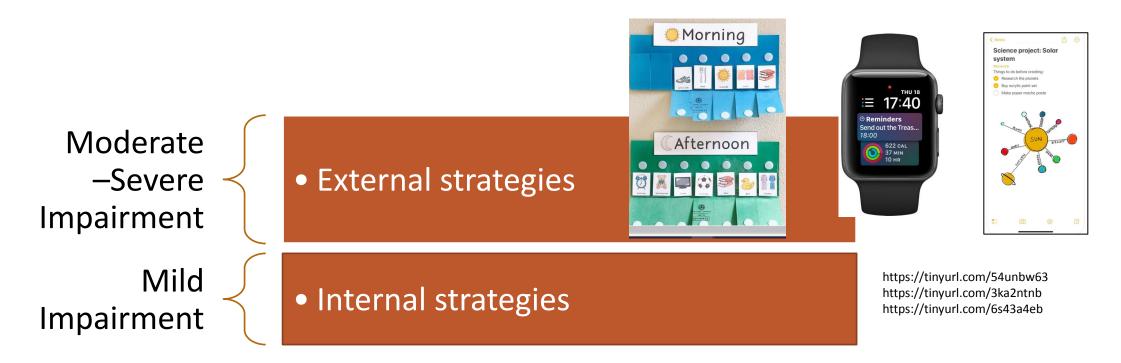


(Crook et al, 2023; ERABI Group 2023)

Intervention: Attention Process Training (APT) for Children 4-10 years



Intervention: Memory



Intervention: Teen Online Problem Solving

Audience 13-19 years

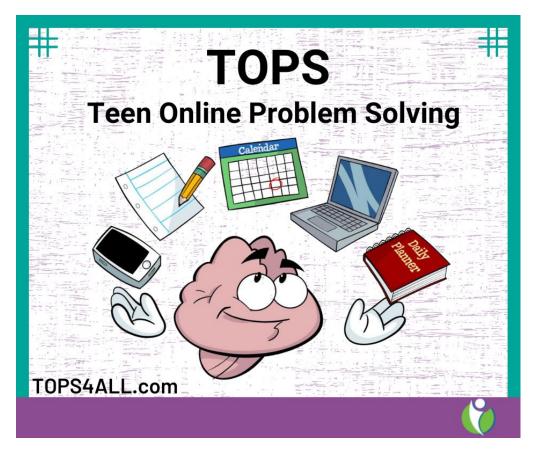
English or Spanish

Moderate to severe TBI and caregivers

Evidence- 9 core sessions based program

11 supplemental

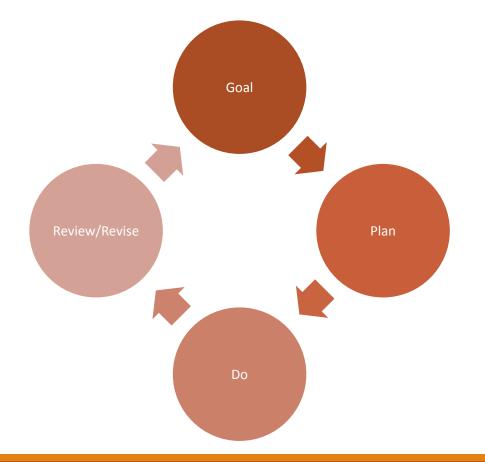
Problem-solving app



Intervention: Teen Online Problem Solving (Wade et al, 2017)

Core	Getting started and setting goals
Intervention Modules	Staying positive and handling stress
	Solving problems
	Staying in control (self-regulation)
	Controlling your anger
	Verbal and non-verbal communication
	Social behavior and problem solving
	Taking care of you
	Moving forward/planning for the future

Intervention: Executive functioning





Best Suite

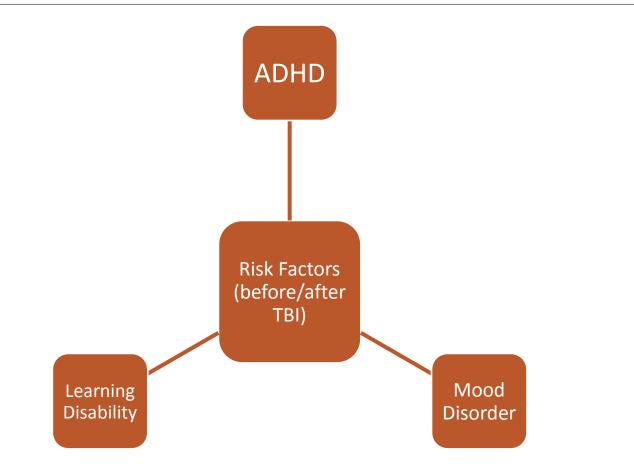
- Train one app at a time
- Use one app that can do many things
- Free trainings: <u>https://bestconnections.org/online-c</u> <u>ourses/</u>

Intervention: Social Communication

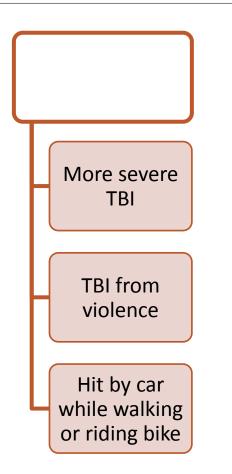


https://tinyurl.com/2y2673hp

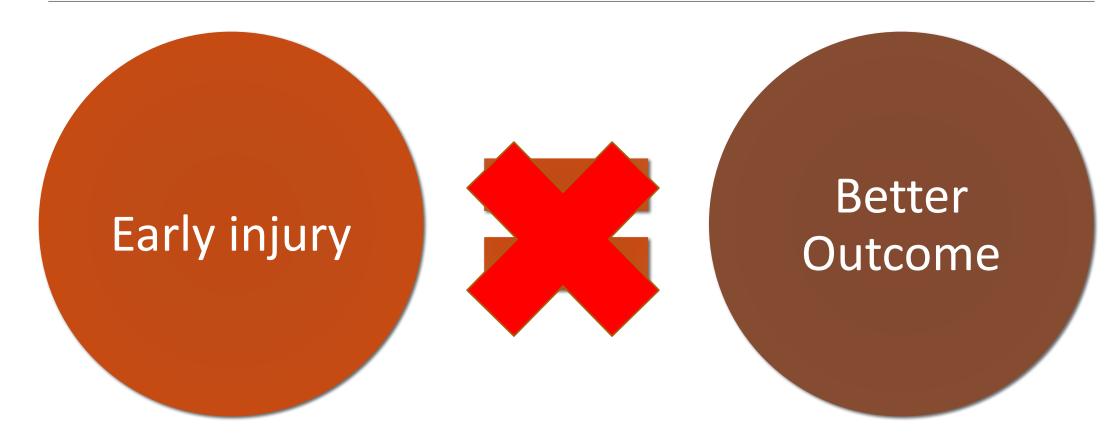
Pediatric Considerations (Ciccia, 2018)



Pediatric Considerations (Ciccia, 2018)

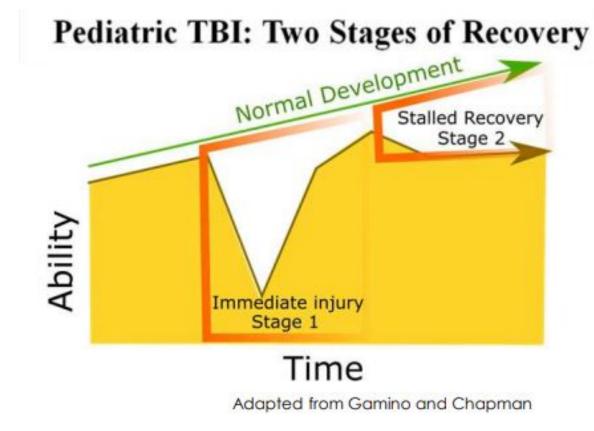


Pediatric Considerations



(Sohlberg & Turkstra, 2011; Ciccia, 2018)

Pediatric Considerations (Ciccia, 2018)



Pediatric mTBI (Lumba-Brown et al, 2018)



70-80% of children with mTBI do not show significant difficulties that last more than 1-3 months after injury

More likely to have difficulties:

History of mTBI
Learning difficulties/lower cognitive abilities
Neurological or psychiatric disorder
Family/social stressors



Symptom scales and cognitive testing (including measures of reaction time) have the strongest evidence in terms of their contribution to predicting outcomes and assessing recovery

Pediatric mTBI (Dupont et al, 2021)

Domain			Initial number of	Number of poorly endorsed items ^a		
	Symptom	Example of item (manifestation)	items	0-2 y version	3-8 y version	
Cognitive	Attention/concentration	Gets up in the middle of an activity	7	1	0	
	Memory	Cannot remember what he or she did earlier in the day	5	5	2	
	Thinking/moving slowly	Responds (verbally or nonverbally) more slowly to question or demands	6	4	2	
Physical	Headache	Holds head	7	1	3	
E F S V L N	Nausea	Eats or breastfeeds less than usual/has no appetite	6	4	3 2	
	Balance	Falls more frequently	7	2	3	
	Fatigue/energy	Yawns often	6	0	0	
	Sleep	Takes more frequent/longer naps	6	1	3	
	Vision	Bumps into things	8	5	6	
	Light sensitivity	Turns head away from lights	4	4	3	
	Noise sensitivity	Covers ears	5	1	1	
	Tactile sensitivity	Does not tolerate foods with certain textures	2	1	1	
Behavioral	Irritability	Has tantrums	9	0	1	
10000000000000000000000000000000000000	Mood and motivation	Cries more	7	3	4	
	Anxiety	Is afraid to be left alone	8	3	2	
	Regression	Wets the bed or has accidents	6	6	6	
	Comfort	Only calms in arms or baby carrier	7	1	4	

 TABLE 1
 REACTIONS domains, symptoms, and number of items (manifestations)

^aBased on criterion of <15% endorsement by parents.

Pediatric mTBI



First several days – physical and cognitive rest

After first several days – gradually resume schedule of activities that do not exacerbate symptoms

Return to full activity if symptom free at rest and with increasing levels of physical exertion

Pediatric mTBI (Haarbauer-Krupa et al, 2019)

3 year longitudinal study of children with mild TBI prior to 6 years Children with TBI performed WFL on most cognitive, language and reading measures

Robust performance differences from control group:

Pragmatic language

• Story retell and word fluency

• Parent report of executive functions

Implications:

• In depth follow-up is important

• Neuropsych involvement

• General evaluation may miss more nuanced difficulties

Pediatric mTBI (Haarbauer-Krupa et al, 2019)



Pediatric TBI Prevention (Haarbauer-Krupa et al, 2019)

-Falls leading cause of TBI in 0-5 year olds

- -Adult actions contribute to majority of falls in children <2 years
- -Child actions contribute to the majority of falls >3 years



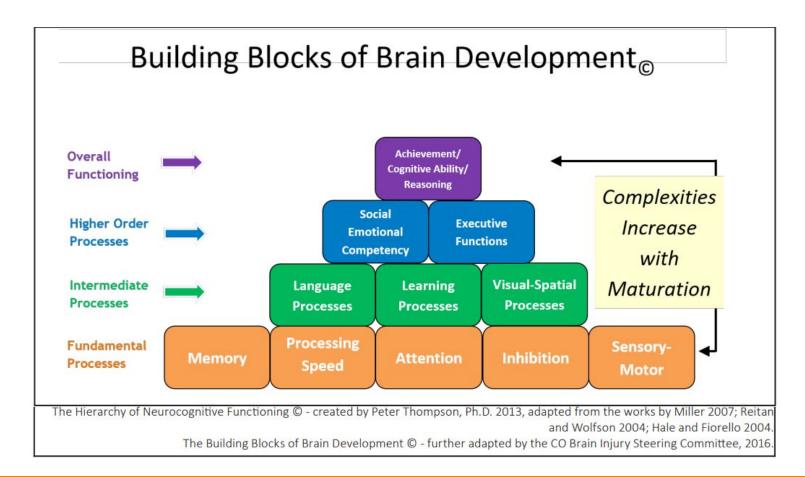
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Brain Injury and Development (Thompson & Crawford, 2016)



Brain Injury in Infancy: 0-3 years (Thompson & Crawford, 2016)

Developmental Characteristics: Birth to 3 years:

- Language acquisition
- Refinements in sensory and motor systems
- Regulation of sleep-wake patterns
- Begin to understand cause-effect relationships
- Emotionally egocentric
- Symbiotic relationships with caregivers

Behavioral Characteristics After Brain Injury: Birth to 3 Years

- Quick shifts from one emotion or state to another
- Impulsivity
- Use of primitive behaviors (biting, hitting, etc.)
- Lack of self-awareness
- Inability to self-regulate behaviors
- Lack of responsiveness to others

Brain Injury in Preschool: 3-6 years (Thompson & Crawford, 2016)

Developmental Characteristics: 3 to 6 Years

- Very basic understanding of cause and effect relationships
- Developing ability to think before acting
- Focuses on one aspect of the situation at a time
- Emotional focus is on control and mastery
- Concrete and rigid thinking

Developmental Disruptions Following Brain Injury: 3 to 6 Years

- Disruption in the connections among thinkingemotion-behavior systems
- Emotional and behavioral extremism
- "Executive function" difficulties
- Poor organization of behavior
- Immediate expression of feelings
- Temper tantrums and rigid behavior
- Poor acquisition of preschool concepts: same/ different; quantity (some/all); size (big/little); shapes; time concepts (yesterday/next week)
- Dependence on structure and organization provided by adults

Brain Injury in Elementary School: 6-12 years (Thompson & Crawford, 2016)

Developmental Characteristics: 6 to 12 years

- Robust understanding of cause-and-effect relationships
- Ready to learn academic skills
- Focus on effort as important
- Recognize intention of acts as important

Developmental Disruptions Following Brain Injury: 6 to 12 Years

- Disruption in reading, spelling, math skills
- Poor performance despite hard work
- School failure/avoidance
- Behavior problems during unstructured times
- Depression, social isolation or withdrawal from peers
- Sleep disturbance
- Fatigue

Brain Injury in Early Adolescence: 12-16 years (Thompson & Crawford, 2016)

Developmental Characteristics: 12 to 16 Years

- Considers three or more dimensions simultaneously
- Abstract reasoning
- Extremism
- Increasing autonomy
- Beginning identity development
- Social stereotyping
- Responsibility: able to care for self, babysit, perform jobs for pay

Developmental Disruptions following Brain Injury: 12 to 16 Years

- Unevenness in cognitive profile
- New learning deficits
- Slower rate of mental processing
- Difficulty organizing complex tasks over time
- Judgment and reasoning difficulties
- Increased "frustration" response
- Depression
- Fatigue

Brain Injury in Late Adolescence: 16-19 years (Thompson & Crawford, 2016)

Developmental Characteristics: 16 to 19 Years

- Complex reasoning and judgment
- Ability to plan and execute complex projects over time
- Solid sense of own identity based on positive identifications
- Social sophistication
- Capacity for altruism

Developmental Disruptions Following Brain Injury: 16 to 19 Years

- New learning deficits (e.g., memory for numbers)
- Mental processing speed deficits
- Inability to organize complex tasks
- Conflict between specific challenges and career goals
- Interference in developmental drive toward independence/separation
- Social awkwardness
- Fatigue
- Defensiveness regarding emotional/cognitive problems
- Depression
- Body image/social image

Pediatric Resources:

Handouts/Education:

Family Guide to the Rancho Levels of Cognitive Functioning:

https://file.lacounty.gov/SDSInter/dhs/218115_RLOCFOriginalFamilyGuide-English.pdf

Brain Injury in Children and Youth: Manual for Educators (CO Department of Education):

https://www.cde.state.co.us/cdesped/tbi manual braininjury

Continuing Education:

International Brain Injury Association Pre-recorded Webinars:

https://www.internationalbrain.org/meetings-and-events/ibia-webinar-series

Clinical Resources:

International Pediatric Brain Injury Society Toolbox:

https://www.ipbis.org/tools-for-the-rehabilitation-of-children-with-abi/

NIH Toolbox:

https://www.pibtoolbox.org/got.tho.toolbox/

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Case Studies

Case Study #1

Dwayne is a 17-year-old male who presents with moderate cognitive-communication deficits following a TBI

Medical history: TBI resulting from GSW. R side entry, bullet lodge in L temporal lobe, impacted R frontoparietal lobe, SAH, 5mm MLS, and bullet fragments. Bilateral Hemicraniectomy

Developmental history: Diagnosis of ADHD with 504 plan

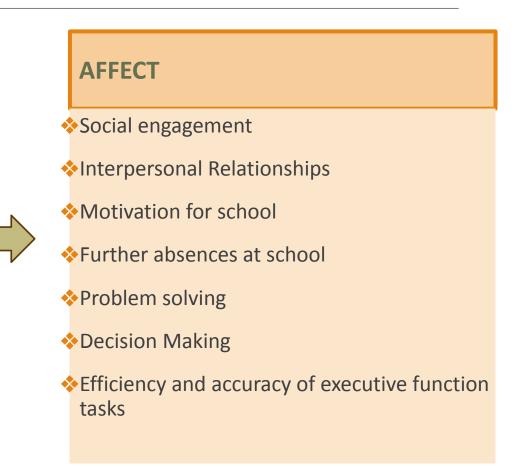
Social history: Lives with parents and 3 siblings. Enjoys basketball, action or comedy movies, and videogames



Symptoms

SKILLS OBSERVED

- Flat affect
- Minimal reciprocity
- Decreased motivation
- Minimal engagement
- Avoidance Behaviors
- Disorganization in though and execution
- L inattention/neglect
- Grossly intact awareness... NO online monitoring or self correction
- Reasoning impairment



Seat student near the teacher Reduce classroom distractions Seat student out of main traffic areas - In space where Donovan has opportunity to take movement break Allow student additional breaks or rest time (water breaks, movement breaks)

Instructional Materials

Highlight main ideas Other - Visual cues and guides

Instructional Methods
Organizers
Study guides
Simplify directions
Break long assignments into multiple short assignments
Student to repeat and explain directions to ensure understanding
Cues/reminders to slow down when rushing on assignments

ADHD Diagnosis 504 Plan

Assignments/Homework

Extended time to complete homework Extended time to complete assignments

District Testing

Extended time on tests - 50% Small group testing in an alternate location

Classroom Testing

Extended time on tests - 50% Small group testing in an alternate location

Behavior
Reinforce desired behavior
Clear and simple classroom rules
Cue student to stay on task
Behavior Contracting
Allow student to meet with the social worker/counselor

SAT

SAT - Extended Time - 50% SAT - Modified Setting - Small group

State Testing

Extended time on tests - 50% Small group testing in an alternate location

Classroom Accommodations		28	Wath	science	social scien	wond Lang	Vocational	Arts	Music	physed.	Health Ed.	ibran	computer	Other 1
Explain directions and give concrete examples.	N	ম	प्र	ন			ন		ম			ম		
Extend time on task for completion of homework assignments by percent.	25	25	25	25			25		25			25		
Give verbal directions in clearly stated steps.	V	ম	ন	ম			ন		ন			ম		
Peer Buddy	V	V	ম	5			N	Г	N			N		
Provide extra examples when teaching new vocabulary/concepts.	ঘ	ম	ম	ঘ			ঘ		ঘ			ম		
Provide motivation and verbal rewards on a daily basis.	J	J	N	ম	Г	Г	ন	Г	ন	Γ	Г	ন		Γ
Provide preferential seating near: Description: the teacher	V	N	N	2			ন		ন			N		
Provide visual cues and guides.	ন	ম	ম	ম		Г	ন	Г	ন	Г	Г	ম	Г	
Walk by student's desk to check for accuracy every minutes.	10	10	10	10			10		10			10		
Walk by student's desk to check for behavior every minutes.	10	10	10	10			10		10			10		
Other: Description: assist student with long term assignments by breaking longer assignments down into smaller chunks	ঘ	ঘ	ম	ঘ			ঘ	Γ	ঘ		Г	ঘ		
Other: Description: assist student with organizing his items	ম	ঘ	Г	ন			ঘ	Г	Г	Γ	Г	ঘ	Γ	
Other: Description: assist student with managing his homework assignments through a check in and using a preferred organizaiton method	ঘ	ঘ	ম	ঘ			ঘ		ঘ		Г	ঘ		
Other: Description: Check in check out system for Donovan on a daily basis	ব	ঘ	ঘ	ম	Г	Г	ঘ	Г	ম	Г	Г	ঘ	Γ	Γ

Reintegration and Interventions

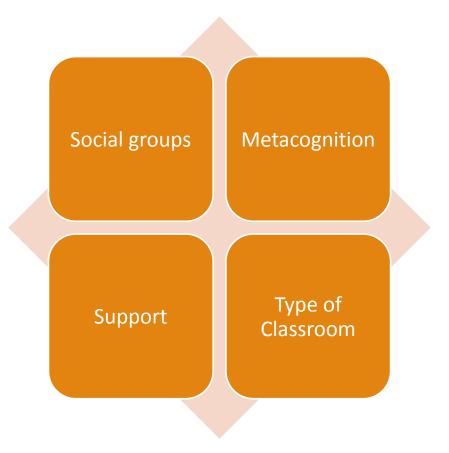
Considerations 504 vs IEP?

What measures might you complete as his school SLP?

What supports may you consider adding to/changing in his plan?

Given impairments across all cognitive domains, what areas are most important to target?

Talking points



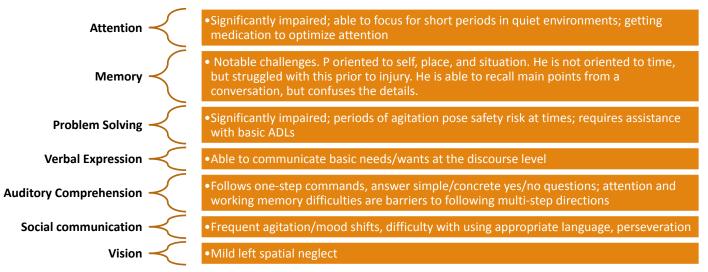
Video

"Jack" is a 9-year-old male who presents with moderately-severe cognitive-communication deficits in the setting of TBI.

Medical history: previous subdural hematoma (jumping from golf cart). No residual deficits after post concussive symptoms resolved. One year later, P sustained TBI secondary to biking accident (pedestrian vs car). He was propelled off his bike and his helmet broke. GCS of 6. In order to relieve intracranial pressure from R subdural hematoma and intracranial hemorrhage, P required a craniectomy. He is now status post VP shunt placement and R cranioplasty.

Developmental history: history of speech delay, though no previous IEP

Social history: Lives in a house with his mom, step-dad, and 5-year-old sister. He is in 3rd grade. Likes riding his bike and video games particularly Minecraft and Fortnite.



KTEA-3

Subtest	Standard Score	Descriptive Category	Percentile Rank	Grade Equivalent		
Letter & Word Recognition	61	Low	0.5	K.5		
Math Concepts & Application	61	Low	0.5	K.1		

Letter & Word

- Inadequate cite word bank
- Difficulty decoding CVC words
- Inconsistency

Math Concepts

- Difficulty identifying the correct operation
- Weakness areas: number concepts, counting, addition, and subtraction
- Some understanding of graphs/tables, simple geometric shapes, and simple measurement

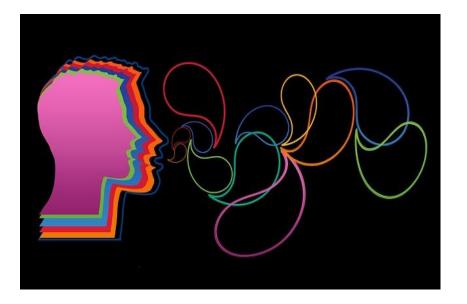
Considerations What formal and informal measures might you complete as his school SLP?

Given impairments across all cognitive domains, what areas are most important to target?

How might you incorporate some of the evidenced-based intervention practices from today's presentation? How might you collaborate with other members of the team?

Case Study #2 – Discussion

Video



Take Aways

- 1. Ensure supports and resources are in place for family and school
- 2. Consistent checks on performance at home and school
- **3**. Making sure to consider all aspects of development and environment to identify problem areas

Additional Resources

TBI model systems: <u>https://msktc.org/about-model-systems/TBI</u>

Brain Injury Association of Illinois: <u>https://www.biail.com/</u>

Brain Injury Association of America: <u>https://www.biausa.org/find-bia/illinois</u>

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