

About Our Speakers

Josh Nadeau, PhD

Clinical Director (Rogers Behavioral Health – Tampa)

Dr. Nadeau is a licensed clinical psychologist who directs the clinical treatment team at Rogers Behavioral Health in Tampa. In his research and practice, Dr. Nadeau focuses on the use of cognitive behavioral therapy for the treatment of obsessive-compulsive and related disorders, as well as in the adaptation of evidence-based techniques to address the unique needs of youth and adults with autism spectrum disorder (ASD) and other neurodevelopmental disorders. Dr. Nadeau received his doctorate in school psychology and completed his post-doctoral research fellowship in clinical psychology from USF. He has authored and co-authored numerous peer-reviewed articles and book chapters on treatment of obsessive-compulsive and related disorders among children, adolescents and adults.

Martin Franklin, PhD

Clinical Director (Rogers Behavioral Health – Philadelphia)

Martin E. Franklin, Ph.D., is an internationally recognized expert in the phenomenology, assessment, and cognitive-behavioral treatment of OCD and related disorders across the developmental spectrum. Dr. Franklin is Associate Professor Emeritus of Clinical Psychology in Psychiatry at the University of Pennsylvania School of Medicine, and Clinical Director of Rogers Behavioral Health in Philadelphia. He has published over 230 scholarly articles, chapters, and books, lectured around the world on these and related topics, and has been honored for teaching excellence three different times while at Penn.

Julia McAndrews, ALMFT

Lead Child and Adolescent Family Therapist (Rogers Behavioral Health – Skokie)

Julia, a Marriage and family therapist, holds the role of Lead Child and Adolescent Family Therapist at Roger's Behavioral Health. Julia came on board with Rogers to support the implementation of the Child and Adolescent Mood and Anxiety program in the context of Autism (MAASD). The MAASD program is a comprehensive collection of evidence-based cognitive behavioral interventions for children and adolescents with an autism spectrum disorder (ASD) who also have trouble due to anxiety, depression, OCD, eating disorders, behavioral challenges, and/or emotion dysregulation. Prior to her work at Roger's Behavioral Health, Julia worked in community mental health as a therapist and within the hospital systems as a Child Life Specialist, supporting children and their families during medical crisis within the emergency department. In both roles, Julia advocated for neurodiversity and implemented protocols to support those with ASD.

